



Mentoring & Coaching

Languages Offered:

- English
 Spanish

Inspiration through Leadership and Guidance!

Mentoring and Motivation go hand in hand, and although they can stand alone, and provide value, they are best when working TOGETHER with individuals or groups to inspire them learn and apply new skills to a new role, work toward difficult tasks, and develop key leadership skills while moving up the organizational hierarchy. Mentoring and Motivation can be exercised by any level of the organization, and by every member of the organization depending on the policies of the organization, it can be informal or a formal program.

What will trainees learn?

- Discuss and Learn what is Mentoring.
- Discuss and Learn what is Motivation.
- Discuss and Learn why Mentoring and Motivation work well together
- Discuss and Learn about Formal and Informal Mentoring
- Discuss and Learn the Mentor Role and Responsibilities
- Discuss and Learn the Mentee Role and Responsibilities
- Discuss and Learn the 4 Phases of Mentoring.
- Discuss and Learn about the 4 Coaching Roles of Mentoring.
- Discuss and Learn about Mentoring Diversity and Pitfalls.
- Learn how to begin Mentoring and Motivating yourself and/or your team

How will this training benefit your company and employees?

Mentoring and Motivation is a key element of successful individuals and organizations, usually having some kind of individual or organizational plan that provides direction and insight into reaching for and achieving greater results. The material presented today, will provide the insight into what mentoring is and how motivation is key to incentivizing yourself and team members, as well as enable you to begin mentoring yourself, or establishing a program to offer motivation and mentoring to your team. Inspiration through Leadership and Guidance is a pillar in the foundation of success.

This training can be conducted for 8 hours. Onsite training may be customized to meet your business needs.

ABOUT MARK HEDGES



Mr. Hedges has an extensive Military Construction/Operations and Civilian Business background and is an expert in: Leadership Skills, Business Strategies, Organizational Development, Coaching & Mentoring, Managing High Performance Operations, Team Building, Goal Setting, Communication Skills, Workforce Leadership and Basic Skills, in Construction, Logistics, Retail, Manufacturing, and Small Business.