



Cal/OSHA 30

Languages Offered:

- ☒ English
☐ Spanish

Obtain your OSHA 30 Certification Card!

Cal/OSHA 30-Hour Training courses for General Industry teach health and safety awareness by helping supervisors and workers reduce the risk of workplace hazards. The California Occupational Safety & Health Administration (Cal/OSHA) 30 training and certification provide training for supervisors and managers on the recognition, avoidance, abatement, and prevention of safety and health hazards in workplaces in general industry. With accident and injury costs rising, this training should be a mandate for all supervisors and managers to become aware of identifying and abate safety and health violations and avoid costly fines for violations and injuries.

What trainees will learn:

- Introduction to OSHA
- Managing Safety and Health (IIPP)
- Walking and Working Surfaces, Including Fall Protection
- Exit Routes, Emergency Action Plans, Fire Prevention Plans, and Fire Protection
- Hazard Communication
- Personal Protective Equipment
- Introduction to Industrial Hygiene
- Materials Handling
- Hazardous Materials
- Permit-Required Confined Spaces
- Lockout/Tagout
- Machine Guarding
- Welding, Cutting, and Brazing
- Bloodborne Pathogens
- Ergonomics
- Powered Industrial Vehicles and Electrical
- Health hazards, noise and Heat Illness Prevention

How this training will benefit your company and employees:

Companies seeking to become or remain OSHA compliant should remember to implement training at the start of worker employment when an employee begins work in a higher-risk area or to satisfy company insurance requirements. The benefits of OSHA training are priceless and include:

- Reduced workplace accidents
- Economic benefits
- Increased company standards
- Increased understanding of how to handle workplace hazards

Utilizing OSHA safety training methods for the workplace reinforces the importance of a safety culture while on the job that ensures that both management and workers work as a team to resolve and prevent potential workplace accidents and hazards. Safe work environments benefit the company checkbook and the worker by providing measures to ensure their safety and security are at the forefront of everything their job place does. Trainees attending all 32 hours of this training and satisfactorily passing the final exam will receive their OSHA 30 certification and card.

This training is 32 hours long with at least 30 contact hours of Cal/OSHA training and may be offered on-site at an employer's location.

ABOUT MIKE ROUNDS



Professional speaker/trainer with over 200 publications in print

Renowned internationally as "The Man Who Translates Technology into Human."