



PHR/SPHR Certification Exam Preparation

Parts 1 & 2

The PHR/SPHR Exam preparation training is organized into two study sessions: Part 1 and Part 2. These sessions are specifically designed to guide HR professionals through the key components required to successfully pass the HR certification exam.

By participating in this training, you are taking an important step toward enhancing your professionalism within the field of Human Resources. Achieving the PHR or SPHR certification not only validates your expertise but also demonstrates your ongoing commitment to your HR professional development.

What trainees will learn:

- A solid foundation of core human resource competencies and the essential knowledge needed to pass the exam
- Effective study tips, gain essential exam strategies, successful practice exams and tools
- Access to online resources and practice exams
- Explore real-world applications of HR principles in an interactive study group
- Insights on HR laws, regulations and strategic management
- Certification exam guidelines, exam testing criteria

How this training will benefit your company and employees:

- Increase the standards of HR professionals in the field of HR management
- Perform as true HR experts by applying HR body of knowledge
- Bring valuable HR skills and experiences for dynamic performance and support
- Display a vital role in improving the quality of work life and increasing organizational effectiveness

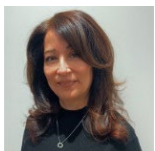
Who Should Attend?

- HR Managers
- HR Generalists
- HR Representatives

Class Duration:

Part 1 – 24 hours

Part 2 – 16 hours



MARY PEREZ, WORKFORCE DEVELOPMENT TRAINER - SBCCD

Mary's 25-year career in Human Resources includes a variety of industries – U.S. and global ecommerce, logistics, fulfillment operations, NASA space exploration, healthcare, government and entertainment. With her former positions as Director of Human Resources and a University of La Verne graduate, she has transitioned her knowledge to a fulfilling role at San Bernardino Community College District and Chaffey Community College. She provides clients with HR and compliance training that can be applied to their organization, in addition to training and development for their employees' success!