



# Women in Leadership

## Available In:

- English
- Spanish – material only upon request
- Videoconferencing

The Women Leadership Program supports women to develop leadership skills, empowerment, branding, networking, and aims to obtain strategies and confidence to achieve personal and professional goals. This training will be memorable to take away valuable skills to succeed as a woman leader. Be among a community of women where you will learn from each other that brings forth a sense of knowledge and a depth of learning.

The program is specially offered to women to provide topics for all different levels from individual contributor to management in seeking advancement in their organization. With so many opportunities for leadership positions, learn to enhance unique strengths and traits to unlock your potential. Trainees will have the opportunity to participate in a self-assessment evaluation, identify values and goals with a personal mission statement, and develop a clear strategy to overcome common dilemmas and challenges as a women leader. Come join us for this powerful training!

### What trainees will learn:

- To understand their personal strengths and weaknesses to be valuable in their role
- To motivate and drive their actions to enhance personal satisfaction and professional success
- How emotional intelligence makes leaders more impactful
- Understanding differences with Female vs Male leadership
- Overcome challenges and conquer dilemmas
- Becoming a trusted leader and partner
- Personal branding for career advancement, build influence and make meaning connections

### How this training will benefit your company and employees:

- Drives the company's vision with motivation, talents and behavior in their role
- Brings valuable leadership skills and experiences for dynamic performance
- Provides effective communication with awareness and sensitivity and diverse perspectives
- Displays professional empowerment to influence and mentor other employees as a role model
- Showcase skills to successfully Interact, communicate and collaborate with all levels of employees and management
- Provides a unique set of advantages to benefit organizations and promote diversity

### Who Should Attend?

- Supervisors
- Managers
- Individual Contributors
- Human Resources Representatives

**Class Duration: 16 Hours**



**MARY PEREZ, WORKFORCE DEVELOPMENT TRAINER - SBCCD**

Mary's 25-year career in Human Resources includes a variety of industries – U.S. and global ecommerce, logistics, fulfillment operations, NASA space exploration, healthcare, government and entertainment. With her former positions as Director of Human Resources and a University of La Verne graduate, she has transitioned her knowledge to a fulfilling role at San Bernardino Community College District. She provides clients with HR and compliance training that can be applied to their organization, in addition to training and development for their employees' success!